

Southern Regional 9/10 High School April 2018

Questions, comments or concerns contact: Gary Haddad,
Food Service Director at 609- 597-9481 Ex. 4369

DELI

Handcrafted Deli Sandwiches

In A Hurry? Check
Out Some of Our Fast
Take Sandwiches

Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily
Assorted Wraps, Rolls and Bread

Breakfast Served Daily 7:30 – 7:40
Available to ALL.

Daily and Weekly Salad Specials

Week 1
Romaine Salad
Week 2
Spinach Salad
Week 3
Romaine Salad
Week 4
Spinach Salad

Week 1: Garden Salad w/ Cheese
Week 2: Chef Salad
Week 3: Chicken Caesar Salad
Week 4: Buffalo Chicken Salad
Week 5: Greek Salad w / Pita

SALADS

GRILL

EVERYDAY CHOICES

Hamburgers, Cheeseburgers, Breaded
Chicken w/ Grain, Chicken Patty Sandwich

Monday: Jersey Burger
Tuesday: Buffalo Chicken Patty
Wednesday: Chicken Bacon Cheddar Sandwich
Thursday: Turkey Rubeen Sandwich
Friday: Pork Roll & Cheese on a Bagel

Everyday Choices

PIZZA

Cheese And Pepperoni Pizza Plus Specialty Pizzas

Monday: Stromboli **Tuesday:** Buffalo Chicken
Wednesday: White Pizza **Thursday:** French Bread **Friday:** Chicken Bacon Ranch

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks



4/2 Spring Recess School Closed	4/3 Spring Recess School Closed	4/4 Spring Recess School Closed	4/5 Spring Recess School Closed	4/6 Spring Recess School Closed
4/9 Quesadilla Bar w/ Salsa & Fixings Bar Glazed Carrots V	4/10 Chicken Bowl w/ Roll Mashed Potatoes & Gravy Sweet Golden Corn	4/11 Cheese Ravioli w/ Garlic Bread Roasted Broccoli V	4/12 Taco Bar w/ Hard or Soft Shell w/ Fixings Salsa & Refried Beans Spanish Rice	4/13 Chinese Take Out w/ Fried Rice Asian Stir Fry Vegetables
4/16 Sloppy Joe Sandwich w/ Crabby Potato Wedges Glazed Carrots	4/17 Chicken Sticks w/ Dinner Roll Smiley Fries	4/18 Twin Hot Dog Bar w/ Fixings Sautéed Spinach & Garlic	4/19 Nacho Bar w/ Fixings Bar Pinto Beans Carrot Sticks	4/20 Grilled Cheese w/ Tomato Soup Green Pepper Strips V
4/23 Early Dismissal Grab & Go Pizza, Chicken Sandwich, Burgers, Hummus & Bagel Box	4/24 Popcorn Chicken w/ Butter Milk Biscuit Roasted Corn	4/25 BBQ Chicken w/ Mashed Potatoes Gravy Steamed Broccoli	4/26 Taco Bar w/ Hard or Soft Shell w/ Fixings Salsa & Refried Beans Spanish Rice	4/27 Meatball Sub w/ French Fries Peas & Carrots
4/30 Mozzarella Sticks w/ Marinara Carrot Sticks w/ Dip V	Grab & Go Available Daily: Hummus & Veggie Cheese & Crackers Box V	Available Daily: Peanut Butter & Jelly Sandwich Bagel, Cereal & Yogurt Box V	Breakfast Available to All: Students Full: \$1.75 Reduced: \$.30 Adult: \$ 2.25	Lunch Available to All: Students Full: \$2.95 w/ Fries: \$3.35 Reduced: \$.40 Adult A la Carte: \$3.30

Veggie Bar Offered Daily
Tossed Salad, Carrot & Celery Sticks, Lettuce, Tomatoes, Onions & Hot Peppers